

Please join the ASSOCIATION OF CHILD DEVELOPMENT SPECIALISTS

Small Bodies, Big Feelings

presented by
Dr. Jaclyn Zeccola

Sunday, January 22, 2023
9:45am – 12:00pm
Via ZOOM

Through case study and reflection on our day-to-day classroom work, we will explore the delicate and unique opportunity that therapeutic work within a preschool environment brings.

This is a follow up to our meeting with Dr. Susan Donner who highly recommended Dr. Jaclyn Zeccola for additional discussion and exploration on the meaning of young children's behavior and the ways in which early childhood professionals use ourselves and our bodies, faces, language, and tone to facilitate and support young children's growth and development.



Dr. Zeccola, PhD is a psychologist and the clinical director of the Cheerful Helpers Child and Family Study Center. Research for her doctoral dissertation focused on the parallel process of early childhood and early parenthood. She is a First 36 Fellow¹ and has spent most of her career with young people and their families. She is also the mother of a three-year-old, an adventure for which all of her book learning and study really didn't prepare her for at all. Dr. Zeccola is excited to think and learn together in January!

REGISTRATION: This event is free; however, you must register at <http://tiny.cc/ACDSEvent>. A Zoom link will be sent to all who register.

CERTIFICATES OF ATTENDANCE (i.e., proof that you attended this event; often requested by non-board-licensed child development specialists) are available for this event. Certificates of Attendance are free for ACDS dues-paying members and \$5 for all others. This fee is payable via Venmo to @ACDS-LA or via PayPal to ACDSLosAngeles@gmail.com.

CEUs are not available for this event.

¹ The First 36 Project is a ground-breaking pilot program developed by the Simms/Mann Institute, in partnership with Builders of Jewish Education (BJE) and The Jewish Federation of Greater Los Angeles. The First 36 Project was created to provide a select group of Parent & Me instructors with an exclusive professional development experience designed to amplify their ability to support parents as they build strong, meaningful bonds with their children.

Parent educators become Fellows when they apply and are accepted to join The First 36 Project cohort. Together as a cohort and with guidance from an experienced content specialist, Maxine Mintzer, PhD, The First 36 Project Fellows learn and discuss a combination of child development theory and the latest neuroscience research to bolster their knowledge of the importance of secure attachment, understanding temperament, self-regulation, executive function, communication, and empathy, among other topics. Parent educators then bring this knowledge to the discussions they facilitate with parents, thus supporting parents as they build strong, meaningful bonds with their children.